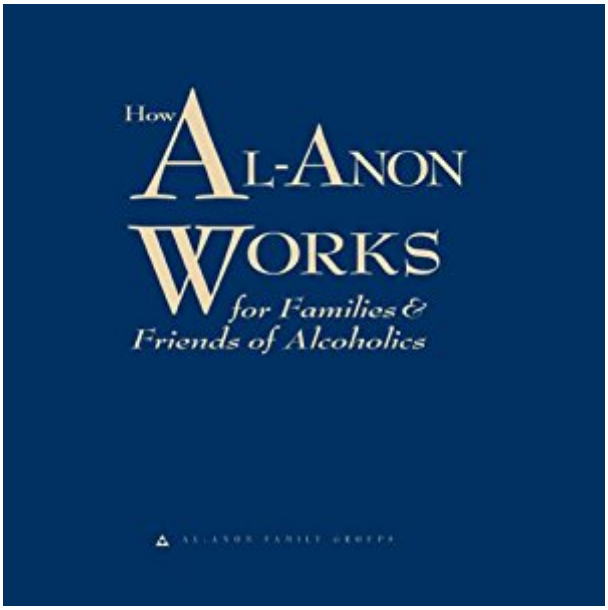
Ebook Directory
the best source of ebook

The book was found

How Al-Anon Works For Families And Friends Of Alcoholics



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

Al-Anon’s basic book discusses the mutual-help program of recovery, including personal stories. A beginning approach to the Twelve Concepts of Service is included.

Book Information

Audible Audio Edition
Listening Length: 16 hoursÃ Â andÃ Â 20 minutes
Program Type: Audiobook
Version: Unabridged
Publisher: Al-Anon Family Group Headquarters, Inc.
Audible.com Release Date: September 13, 2013
Language: English
ASIN: B00EQ8EBHK
Best Sellers Rank: #74 inÃ Â Books > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism #561 inÃ Â Books > Audible Audiobooks > Health, Mind & Body > Self-Help #3882 inÃ Â Books > Self-Help

Customer Reviews

As a recovering alcoholic, I feel that I now have a better understanding of how alcoholism effects friends and family. This book is certainly worth reading if you have been impacted by alcoholism in any way. I am certain it will aid in my continuing recovery.

Al-Anon... for families and friends of alcoholics ....started by wives is men who started AA....This is core book, like the Big Book is in AA or The Big Red Book is for Children of Alcoholucs and Other Dysfunctional Families.... Whether it involved alcohol or not few had childhoods or marriages without scars, so much to learn about ourselves in these books.

A very easy to read and understand book about the effects of alcoholism. Many suggestions on how to improve life

The best and only book that had helped me, and is helping me daily, the changes that I’ve experience and experiencing are life changes. I’m also reading The Courage To Change and One Day At A Time. I’m so very grateful to all who had put together these three awesome books. Thank you.

This is where to start when you are looking for information and help from Al-AnonÃƒÂ¢Ã â ¬Ã â . The book does not replace going to meetings but it helps explain everything and with every reading you take a little bit more away. Be sure to read the personal stories in the back.

Very insightful. Clear descriptions and testimonies.

Comprehensive guide for understanding what Al-Anon is and what Al-Anon can do for families. Written in plain, unstandable language. No treatment talk. Written by Al-Anon members for those suffereing from the chaotic life style which comes from living with alcoholism. Clearly described my feelings! Shared stories of what works for members when their lives are chaotic.

great book, I love reading it on my Kindle.

Download to continue reading...

How Al-Anon Works for Families and Friends of Alcoholics How Al-Anon Works for Families & Friends of Alcoholics How Al-Anon Works Strengthening My Recovery: Meditations for Adult Children of Alcoholics/Dysfunctional Families ADULT CHILDREN OF ALCOHOLICS/DYSFUNCTIONAL FAMILIES Paths to Recovery: Al-Anon's Steps, Traditions, and Concepts Courage to Change: One Day at a Time in Al-Anon II One Day at a Time in Al-Anon Blueprint for Progress: Al-Anon's Fourth Step Inventory Red Families v. Blue Families: Legal Polarization and the Creation of Culture Stepparenting: Becoming A Stepparent: A Blended Family Guide to: Parenting, Raising Children, Family Relationships and Step Families (Raising Children, ... Blended Families, Blended Family Book 5) Homelessness and Families (Families Today) Adult Children Secrets of Dysfunctional Families: The Secrets of Dysfunctional Families Ohio Families: A Bibliographic Listing of Books About Ohio Families Eat to Beat Prostate Cancer Cookbook: Everyday Food for Men Battling Prostate Cancer, and for Their Families and Friends Adult Children of Alcoholics Syndrome: A Step By Step Guide To Discovery And Recovery The Complete ACOA Sourcebook: Adult Children of Alcoholics at Home, at Work and in Love Alcoholics Anonymous: The Story of How Many Thousands of Men and Women Have Recovered from Alcoholism/Third Edition Alcoholics Anonymous Big Book (2nd Edition): The Story of How Many Thousands of Men and Women Have Recovered from Alcoholism The Big Book of Alcoholics Anonymous (Including Twelve Steps and Twelve Traditions)